# Materials List for 3-Day Alla Prima Portraits 2023

Please note the materials listed here are suggestions based on my personal studio practices, you may bring whatever you are most comfortable using. If you want to work in a different medium, please let me know and I can provide additional guidance.

Easels and small tables are provided, I strongly discourage French Easels due to their bulk. If you prefer to use a pochade box, let me know and we will have room for you.

### 4+ Surfaces

12x16"ish Primed Panel or Canvas

Optional: tone with a light greyish imprimatura at least 1 WEEK prior to class time, this will help with judging values and I highly recommend doing it!

My personal choice is to use primed ACM, you can learn more about this surface here: <a href="https://www.artefex.biz/product/lead-oil-prime">https://www.artefex.biz/product/lead-oil-prime</a> d-acm-panel-2/

#### **Brushes**

Here's a set I put together with my most-used brushes:

http://bit.ly/2MLZuoF

#8 Opal Flat #2 Opal Bright #6, #8 Legion Round #2 Hog Fan

Bring whatever you love. I tend to prefer snappy semi-firm brushes, with a few smaller softer rounds.

#### **Basic Oil Colors**

You can try my preferred colors or bring your own color equivalents.

https://www.naturalpigments.com/elizabeth-z anzinger-palette.html

You will need at least:

- 1. Titanium and/or Lead White #2
- 2. "Blue Ridge" Yellow Ochre
- 3. Rublev Tuscan Red **OR** Quinacridone Red **OR** Alizarin Permanent (Gamblin)
- 4. French Burnt Sienna
- 5. Ultramarine Blue (Green Shade)
- 6. Cyprus Burnt Umber
- 7. French Raw Umber
- 8. Blue Black (Ivory Black is OK)

(Try to avoid using student-grade paint like Winton or Gamblin 1980!)

#### **Optional Drawing**

2x Pitt Pastel #153 + sharpener of choice.

Eraser (Grey kneaded and/or Tombow Mono)

## Other Helpful Stuff

Paper towels

Pointy Q-tips for corrections: link

FRESH Odorless mineral spirits, in a small lidded container.

Skewer or skinny knitting needle for measuring.

Palette (about 11x14") or Pochade Box

Nitrile gloves, especially if working with Leadbased paints. (Artist's lead oil paint CANNOT be absorbed through your skin, but it is toxic if inhaled or ingested, wearing gloves helps maintain a safe studio practice. Historically, lead white is the most stable and most beautiful form of mixing white.)